

# Evergreen Community Center

4860 San Felipe Rd., San José 95135

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Supervisor: Rick Stanley

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Bus Lines: 31

Types of Programs: Fee class, rental, senior programs, senior nutrition, youth programs and special events.

## DANCE

### Ballet/Tap Combo \$70

A great combination of ballet and tap. Ballet positions, steps, and routines will be taught along with basic tap steps and routines. Builds self-confidence, grace, coordination, and flexibility.

No class: 2/14, 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.206	M	1/26-3/22	11:30-12:15pm	3-5	8	EV
214.3.207	M	1/26-3/22	3:30-4:15pm	6-8	8	EV
214.3.204	M	1/26-3/22	4:30-5:15pm	4-6	8	EV
214.3.205	W	1/28-3/17	4:15-5pm	3-5	8	EV
212.3.217	Sa	1/31-3/27	11:00-11:45am	4-6	8	EV

### Creative Dance \$70

Children learn to dance and move to nursery songs and popular children's tunes in this fun class for the little ones. Be a bird, butterfly, bunny or just be yourself and act funny! Come dance with scarves, bean bags, hula-hoops and more.

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.201	M	1/26-3/22	12:45-1:30pm	3-5	8	EV

### Dancin' Boogie Babies \$70

Come have some serious fun with your little one and do the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and children's show tunes. Jump, run, hop and boogie away with hula hoops, dancing scarves, bean bags and more. Class will also include tumbling on mats with easy stretches and exercises to do with your baby.

No class: 2/14, 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.211	M	1/26-3/22	10:30-11:15am	19-30m	8	EV
214.3.212	Sa	1/31-3/27	9-9:45am	19-30m	8	EV

### Fun, Fitness, & Tumbling \$70

Come join this active fun class. Students will learn basic front rolls, back rolls, somersaults, headstands, bridges, crabwalks and more. Fitness warm-ups and energized exercises to music are included. This class enhances your child's coordination, motor skills balance, strength, flexibility and self-confidence.

No class: 2/14

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.213	Th	1/29-3/18	2:30-3:15pm	3-5	8	EV
214.3.214	Sa	1/31-3/27	12-12:45pm	4-6	8	EV
214.3.215	Th	1/29-3/18	3:30-4:15pm	7-9	8	EV
214.3.216	Th	1/29-3/18	4:30-5:15pm	4-6	8	EV

### Hip Hop Dance \$70

Explore beginner and intermediate Hip Hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety and of course have fun doing it.

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.202	M	1/26-3/22	5:30-6:15pm	8-13	8	EV

### Hula Dance \$44

Enjoy dancing hula with Grace. This beginning class level class will teach you how to tell stories with your hands, you'll practice moves like "Kaholo" (classic toe taps), "Ami" (hip circles) and "Holo Holo" (to glide and dip). Students are required to wear comfortable outfits and should attend class regularly to insure progress with the class.

Instructor: Beronilla

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.208	T	1/20-3/9	6-8pm	8+	8	EV

### Terrific Tots \$70

This is a creative, imaginative, and serious fun class for toddlers and parents. Children will do what their bodies are meant to do: move and explore! Class includes activities such as singing and dancing to popular show tunes and preschool songs. Everyone plays with hula-hoops, balls, scarves, and musical instruments. Come jump, run, hop, and frolic around. Be a bird, butterfly, bunny or just be yourself and act funny.

No class: 2/14, 2/16

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.209	M	1/26-3/22	2:15-3:00pm	2.5-3.5	8	EV
214.3.210	Sa	1/31-3/27	10-10:45am	2.5-3.5	8	EV

### Classical Ballet \$70

Simple ballet positions and steps will be taught to beautiful classical music.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.203	W	1/28-3/17	5:15-6pm	6-9	8	EV

*The date, time and location of activities published are correct at the time of publication.  
Due to unforeseen circumstances, the information published may change.*



## EARLY CHILDHOOD RECREATION

*Please read the ECR Policy on page 14*

### Kindertots **\$256**

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Children should have a general understanding of their numbers and letters, so that these skills can be improved, however the emphasis of the class is to have fun. Child must be toilet trained.

*No class: 2/16*

*Instructor: Staff*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.311	T/Th	1/27-3/18	9-11:30am	4-5	16	EV

### Kindertots **\$285**

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.312	M/W/F	1/26-3/22	12:30-3pm	4-5	24	EV
214.3.313	M/W/F	1/26-3/22	9-11:30am	4-5	24	EV

### Tiny Tots **\$256**

This class will help your child prepare for pre-school and kindergarten. Classes are designed to promote independence, and improve social, cognitive, and movement skills. Activities include crafts, stories, playtime and simple learning concepts. Child must be completely toilet trained and able to attend the class by themselves.

*No class: 2/14, 2/16*

*Instructor: Staff*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.303	T/Th	1/27-3/18	9-11:30am	3-4	16	EV

### Tiny Tots **\$285**

214.3.306	M/W/F	1/26-3/22	9-11:30am	3-4	24	EV
214.3.307	M/W/F	1/26-3/22	12-2:30pm	3-4	24	EV

### Tiny Tots **\$140**

214.3.308	Sa	1/24-3/20	9-11am	3-4	8	EV
214.3.309	Sa	1/24-3/20	11:30am-1:30pm	3-4	8	EV

## MUSIC/THEATER ARTS

### Improv Workshop **\$106**

Learn the basics about theater, how to be humorous and quick on your feet like the "Drew Carey Show" on TV.

*Instructor: Theater Fun*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.417	Sa	2/21-4/10	10:15-11:15am	7-12	8	EV

### The Joy of Theater **\$106**

Explore theater through puppetry, rhythm, mime and acting.

*No class: 2/14*

*Instructor: Theater Fun*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.418	Sa	2/21-4/10	11:30am-12:30pm	6-8	8	EV

### Little Shining Stars **\$70**

A fun drama class designed specifically for pre-schoolers. Has your little one expressed interest in getting on stage? Foster confidence and self-esteem in your child while they explore creativity and imagination through fun, fast-paced drama games and activities. Students will explore movement, puppetry, rhythm, mime, and acting in a supportive and positive environment. Children won't want to miss out on this opportunity to experience the magic of theater! Note: Dress comfortably.

*Instructor: DanceKids*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.415	W	1/28-3/17	3:15-4pm	4-6	8	EV

### Music Time for Tots **\$89**

This class brings enjoyment through movement and music. An interactive parent and child class incorporating fun through imagination.

*Instructor: Matthews*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.401	T	1/20-2/17	11:45am-12:30pm	17-36m	5	EV
214.3.402	Th	1/22-2/19	11:45am-12:30pm	17-36m	5	EV
214.3.403	T	2/24-3/23	11:45am-12:30pm	17-36m	5	EV
214.3.419	Th	2/26-3/25	11:45am-12:30pm	17-36m	5	EV

### Piano Keyboard - Level 1 **\$67**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor will be collected at the first class. Students must bring their own set of headphones.

*No class: 2/14*

*Instructor: Noteworthy Music*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.421	T	1/27-3/16	3:15-3:55pm	6-7	8	EV
214.3.422	T	1/27-3/16	4-4:40pm	8-12	8	EV
214.3.405	F	1/30-3/19	3:15-3:55pm	8-12	8	EV
214.3.406	F	1/30-3/19	4-4:40pm	6-7	8	EV
214.3.408	F	1/30-3/19	5:30-6:10pm	6-7	8	EV
214.3.410	Sa	1/24-3/20	9:45-10:25am	8-12	8	EV
214.3.412	Sa	1/24-3/20	11:15-11:55am	6-7	8	EV
214.3.413	Sa	1/24-3/20	12:15-12:55pm	6-7	8	EV

### Piano Keyboard - Level 2 & 3 **\$67**

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.423	T	1/27-3/16	4:45-5:25pm	6-12	8	EV
214.3.424	T	1/27-3/16	5:30-6:10pm	6-12	8	EV
214.3.409	Sa	1/24-3/20	9-9:40am	6-12	8	EV
214.3.407	F	1/30-3/19	4:45-5:25pm	6-12	8	EV
214.3.411	Sa	1/24-3/20	10:30-11:10am	6-12	8	EV
214.3.414	Sa	1/24-3/20	1-1:40pm	6-12	8	EV

### Theater 101 **\$106**

Fundamentals of theater, write and perform your own script. Learn about costuming, directing and scenery.

*No class: 2/14*

*Instructor: Theater Fun*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.416	Sa	2/21-4/10	9-10am	9-12	8	EV

**SPORTS & FITNESS****Cheerleading - Level 1 \$60**

Children will learn cheerleading moves, routines and cheers. This class will help children gain self-esteem while having fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced. By the end of the session the children will be ready for an in-class cheerleading competition with their peers. Pom Poms will be available for purchase from the instructor. Uniforms will also be available for purchase but are not required.

No class: 2/16

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.529	M	1/26-3/22	5-5:40pm	5-7	8	EV
214.3.530	M	1/26-3/22	5:45-6:25pm	8-13	8	EV

**Cheerleading - Level 2 & 3 (Level 1 prerequisite) \$60**

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.531	M	1/26-3/22	6:30-7:10pm	8-13	8	EV

**Karate (Kenpo) - Level 1 \$120**

Learn self protection, correct grips, block, parries and break falls. Develop physical fitness, self-confidence, and discipline. Karate uniforms or Gis are recommended but not required and may be purchased for \$25-\$45 from any martial arts studio. No fee-based belt testing will be offered in this class.

Instructor: Dragon-Cloud

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.518	T/Th	1/20-3/11	4-4:50pm	5-16	16	EV

**Karate (Kenpo) - Level 2 \$120**

Pre-requisite: Students are required to take a Kenpo Karate Level 1 class before registering for this 2nd level class.

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.519	T/Th	1/20-3/11	5-5:50pm	5-16	16	EV

**Kidz Love Soccer \$58**

KLS is a non-competitive environment for children to learn and play the world's most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions, and recreational games. Classes are co-ed and every participant will have a ball at their feet! Shinguards are required after the first class meeting. **Tot Soccer:** 3.5-4 years-Encourages motor skills and introduces small children to the group setting. **Pre-Soccer:** 4-5.5 years-Teaches the basic technique of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1:** 5-6 years-Teaches the basic techniques of soccer for beginners. Dribbling, passing, receiving, and shooting. **Soccer 2:** 7-8 years-Same as Soccer 1, also introduces team tactics. **Soccer 3:** 9-12 years-Same as Soccer 1 and 2, but also introduces advance soccer techniques and tactics. Rainout Hotline 1-800-399-8111. Location: Silver Creek Linear Park.

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.504	T	1/27-3/16	10-10:30am	3-4	8	SC
214.3.505	T	1/27-3/16	10:30-11:05am	4-5	8	SC
214.3.506	T	1/27-3/16	2:15-2:45pm	3-4	8	SC
214.3.507	T	1/27-3/16	2:45-3:20pm	4-5	8	SC
214.3.508	T	1/27-3/16	3:20-4:05pm	6-7	8	SC

214.3.509	T	1/27-3/16	4:05-4:50pm	7-8	8	SC
214.3.510	T	1/27-3/16	4:05-4:50pm	9-12	8	SC
214.3.511	F	1/30-3/19	10-10:30am	3-4	8	SC
214.3.512	F	1/30-3/19	10:30-11:05am	4-5	8	SC
214.3.513	F	1/30-3/19	2:15-2:45pm	3-4	8	SC
214.3.514	F	1/30-3/19	2:45-3:20pm	4-5	8	SC
214.3.515	F	1/30-3/19	3:20-4:05pm	6-7	8	SC
214.3.516	F	1/30-3/19	4:05-4:50pm	7-8	8	SC
214.3.517	F	1/30-3/19	4:05-4:50pm	9-12	8	SC

**Tennis - Youth \$73**

Introduction to basic strokes, including forehand, backhand, overhead serve (lob and net) racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies will be taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. Location: Silver Creek Linear Park & Groesbeck Hill Park.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.521	T	1/20-3/9	3-3:45pm	5-7	8	SC
214.3.522	T	1/20-3/9	4-5pm	8-12	8	SC
214.3.523	Th	1/22-3/11	3-3:45pm	5-7	8	SC
214.3.524	Th	1/22-3/11	4-5pm	8-12	8	SC
214.3.524	F	1/23-3/12	3-3:45pm	5-7	8	SC
214.3.526	F	1/23-3/12	4-5pm	8-12	8	SC
214.3.527	W	1/28-3/17	3-3:45pm	5-7	8	GH
214.3.528	W	1/28-3/17	4-5pm	8-12	8	GH

For additional information on sports programs held on Saturday, Please turn to page 80.

**SPECIALTY CLASSES****All American Girl Workshop \$92**

Learn about etiquette, inner beauty and how to maintain a healthy self-image in today's society. A fashion show is held at the end of the session.

Instructor: Theater Fun

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.616	Th	2/5-3/11	6:45-7:45pm	8-12	6	EV

**Chess \$60**

Learn basic chess strategies and develop creative combinations for a winning chess game. This game keeps your mind alert and sharp as you think critically. Chess boards are provided in class and available for purchase to practice at home. There will be a chess tournament on the final night of class.

No class: 2/16

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.604	M	1/26-3/22	4-5pm	5-6	8	EV
214.3.605	M	1/26-3/22	5:10-6:10pm	7-8	8	EV
214.3.606	M	1/26-3/22	6:20-7:20pm	9-13	8	EV
214.3.607	M	1/26-3/22	7:30-8:30pm	13+	8	EV

*...in sports as in every area of life,  
the desire to excel is within everyone...*



## SPECIALTY CLASSES

### Manners, Inc. \$92

Designed for boys and girls, this workshop is a fun course in manners and communication skills, both oral and written. Children apply what they learn in this program at a potluck held the last day of class. Parents are invited to the potluck!

*Instructor: Theater Fun*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.223	Th	2/5-3/11	4:15-5:15pm	5-7	6	EV
214.3.615	Th	2/5-3/11	5:30-6:30pm	8-12	6	EV

### Math Tutoring \$72

This class will give your child the helping hand needed to succeed and feel more confident in math. Basic arithmetic and learning concepts will be reviewed. Students must bring their math homework, their own pencil and paper to each class. Class size is limited to four students.

*No class: 2/16*

*Instructor: Rumpf*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.611	M	1/26-3/22	4-4:50pm	6-8	6	EV
214.3.612	M	1/26-3/22	5-5:50pm	9-11	6	EV
214.3.613	M	1/26-3/22	6-6:50pm	12-13	6	EV
214.3.614	M	1/26-3/22	7-7:50pm	9-11	6	EV

## ADULT CLASSES

### Cooking - Appetizers \$28

Appetizers are the modern style of casual entertaining. They represent tempting food made to be shared with friends, beautifully presented, but with the emphasis on simplicity and taste. Appetizers can be fun or formal, but should always be fabulous. Bruschetta, olive & jack cheese strudel, crab cakes, marinated and roasted vegetables, ceviche and a variety of tartlets are just a few recipes that you may experience.

*Instructor: Ivers*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.777	F	2/37	6-9pm	16+	1	EV

### Kickboxing \$56

The hottest aerobic workout in existence today! Taibo works the whole body while at the same time, teaches practical self-defense techniques. Learn a variety of blocks, kicks, and punches, burn calories and have a blast. Wear loose fitting clothing. No other equipment needed.

*No class: 2/14, 2/16*

*Instructor: Camp Carter*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.707	M	1/26-3/22	9-9:50am	16+	8	EV
214.3.708	Sa	1/31-3/27	1-1:50pm	13+	8	EV

### Kickboxing \$98

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.709	M/W	1/26-3/22	7:45-8:45pm	13+	16	EV

### Low Impact Aerobics \$54

A total body workout designed for the beginner. Learn low impact exercise moves that will strengthen, tone and shape your muscles. Join us and get in condition for Spring.

*Instructor: Camp Carter*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.710	Th	1/22-3/11	9-9:45am	18+	8	EV

### Low Impact Aerobics \$98

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.711	T/Th	1/20-3/11	7-8pm	18+	16	EV

### Philippino Cuisine \$28

Discover how easy it is to make delicious Lumpia from scratch. Learn several variations of the popular spring roll and impress family and friends at your next pot-luck.

*Instructor: Beronilla*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.724	Th	3/25	6:30-9pm	16+	1	EV
214.3.725	Th	4/8	6:30-9pm	16+	1	EV

### Photography 101 \$48

Learn about photography techniques from past to the present. Learn how to save money, buy camera equipment, take great photos and more.

*Instructor: Ling*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.722	W	1/28-3/3	6:30-8:30pm	16+	6	EV

### Specialty Cakes \$42

Impress your friends with special occasion cakes, birthday, graduation, wedding and baby shower cakes, special holiday cakes and more... A supply list will be provided at the first class meeting.

*Instructor: Ivers*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.717	W	3/17-4/7	6-9pm	16+	4	EV

### Tennis - Adult \$98

Introduction to basic strokes, including forehand, backhand, overhead serve (lob and net) racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies will be taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. Skill levels will be assessed and determine the level of the class overall. Beginners, Intermediate and Intermediate Advanced skill training will be covered for the benefit of all in the class

*No class: 2/14, 2/16*

*Instructor: Staff*

Course#	Day	Date	Time	Age	Mtg.	Loc.
214.3.702	M/W	1/26-3/22	9-10am	16+	12	GH
214.3.703	M/W	1/26-3/22	10-11am	16+	12	GH
214.3.704	M/W	1/26-3/22	11am-12pm	16+	12	GH

### Tennis - Adult \$73

214.3.705	T	1/20-3/9	8:30-9:30am	16+	8	SC
214.3.706	T	1/20-3/9	9:30-10:30am	16+	8	SC
214.3.712	Th	1/22-3/11	8:30-9:30am	16+	8	SC
214.3.713	Th	1/22-3/11	9:30-10:30am	16+	8	SC
214.3.714	Sa	1/24-3/20	9-10:30am	13+	8	GH
214.3.715	Sa	1/24-3/20	10:30am-12pm	13+	8	GH



## SAN JOSE AFTER SCHOOL

## Evergreen Area

**San José After School** is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-2845.

**Types of Programs**

**Level 1: Homework Assistance.** Level one sites offer after school homework help at many locations in San José.

**Level 2: Safe and Accessible After School Programs.** Level two sites will offer integrated recreation and literacy and math enrichment programs.

**Level 3: Integrated and Comprehensive approach after school programs.** Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Sites	Level of Program	Time
August Boeger Middle School	Level 1, Homework Assistance	*
Eastside Boys & Girls Club	Level 1, Homework Assistance	*
Evergreen High School	Level 1, Homework Assistance	*
Foothill Elementary	Level 3, Comprehensive	2:30-6:00pm
Grace Lutheran Church	Level 1, Homework Assistance	*
Holly Oak Elementary School	Level 2, Safe and Accessible	2:30-5:00pm
Ley Va Middle School	Level 1, Safe and Accessible	*
Meadowfair Comm. Center	Level 1, Safe and Accessible	*
Most Holy Trinity	Level 1, Homework Assistance	*
Norwood Creek Elementary School	Level 1, Homework Assistance	*
Ocala Middle School	Level 3, Comprehensive	2:30-6:00pm
Overfelt High School	Level 1, Homework Assistance	*
Silver Creek High School	Level 1, Homework Assistance	*
Valle Vista Magnet School	Level 1, Homework Assistance	*

\* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

*Satisfaction is important to us*  
*We want to provide quality programs to all participants. If you are not satisfied with your program, let us know. Contact staff at your local facility, call 408-277-4661, or email [PRNS@sanjoseca.gov](mailto:PRNS@sanjoseca.gov).*



## EVERGREEN SENIOR PROGRAM

Evergreen Senior Program offers a detailed monthly activity guide listing all programs and services and includes the nutrition menu. This guide can be obtained by visiting the center. Please refer to page 8 for additional information regarding citywide aging services offered through the Office on Aging.

### Senior Nutrition

#### Nutrition Reservations

**\$2**

The Nutrition Program provides tasty and nutritious hot meals for seniors. This is a great time to socialize with friends and family as well as meet new friends. Lunch is served Monday through Friday at 12pm - please check the detailed monthly activity guide for the daily menu. Each meal provides one-third of the Recommended Daily Allowance for seniors. Occasional workshops are provided on a variety of topics. The suggested donation for seniors 60+ is \$2.00 and the guest fee for individuals under 60 is \$5.00. Lunch cards are available for \$40 and is good for 21 meals - it's like getting one free! The lunch card can be used at any nutrition site and does not expire until all 21 meals have been used. NOTE: Reservations are required. Please call 408-270-1244 at least one day in advance but not more than two weeks.

### Advisory Council

Advisory Council is a group of volunteers who are responsible for providing input to the center staff on programs and senior issues. If you have ideas on how to improve programs and services at our center, please join us! The Evergreen Senior Advisory Council meets monthly on the third Tuesday of the month at 9:30am.

### Newcomers Orientation

Each month a Newcomers Orientation is held in order to provide an overview of the vast array of programs and services offered at Evergreen Senior Program. Included is a guided tour of the Center, an opportunity to meet staff, a detailed monthly activity guide, an overview of center membership, as well as an invitation to stay for lunch. Please call the Evergreen Senior Nutrition Program 408-270-1244. Newcomers Orientation are scheduled the Second Monday of each month at 10:45am.

### Senior Bingo

Bingo is offered every Tuesday from 1:15- 3:30pm. There are free snacks, door prizes, and special games. One pack is \$5, two for \$8 and three for \$10. Payouts for regular games are \$70 per game, and if the black ball comes up, that's an extra \$10 for that game. Payout for the Blackout Game is \$80+. Special games have a 50/50 payout. Come join the fun! Bingo is completely run by volunteers and we're always looking for additional help.

### BART Tickets

BART tickets are \$4 but good for \$16 worth of rides. Tickets are available for those 65 years of age and older.

### Adult Education

The Center offers a wide variety of Adult Education Classes geared towards seniors. Most classes are free or low cost. Pick up an Adult Education class guide at the Center. The Fall Semester typically runs from early September to mid-December while the Spring semester runs from mid-January to May.

### Senior Services

Senior services offered at the Evergreen Senior Program are Health Insurance Counseling and Advocacy Program (HICAP) and Senior Adult Legal Assistance (SALA).

HICAP is individual counseling, community education, and legal assistance regarding health insurance, Medicare, Medi-Cal eligibility, supplemental health and long term care insurance. Trained volunteers provide counseling services by appointments on second and fourth Thursday of the month. For appointments call 408-270-2220.

SALA is free legal assistance for certain types of civil legal matters. You must be 60 years of age or older and a Santa Clara County resident. They can help you with Social Security, SSI, Support Services, elder abuse, housing, nursing homes, assist with preparation of SIMPLE wills, and Durable Power of Attorney Forms for Health Care. Appointments are offered the third Friday of each month at Evergreen. For appointments call 408-270-2220.

### Senior Drop-in Activities

The Evergreen Senior Programs offer the following drop-in activities: Mondays — Drop in Bridge 1pm, Mondays and Wednesdays — Walking Exercise Group 10:30am, Wednesdays — Evergreen Cut ups (Quilting Club) 1pm, and Thursdays — Line Dance Class 12:45pm. For more information call 408-270-2220.

### Senior Special Events

The Center offers a wide variety of Adult Education Classes geared at Evergreen Senior Program we have a monthly Special Event. For more information check out a Evergreen Senior Program Brochure or call 408-270-2220.

### Parks, Recreation and Neighborhood Services Vision

*Communities of People  
connected by  
Play, Hope & Joy in Life.*

